

# Bachelor of Science in Nursing – Integrative Health (BSN-IH)

Academic Program Guide – UA pathway  
2019 – 2020 Catalog Year



THE UNIVERSITY OF ARIZONA  
College of Nursing

This guide is intended as a sample course schedule to help direct student progression. Students must meet regularly with their academic advisor to discuss specific course selections, remaining requirements, and degree options. **Shaded courses are required Nursing prerequisite courses** necessary for admission to the BSN professional program. Pre-Nursing students (semesters 1-4) must apply for competitive admission into the BSN professional program (semesters 5-8). The BSN-IH program option is only available at the Gilbert Campus and is a year-round program (includes summer).

Course Title	Units	Notes
<b>SEMESTER 1 (15 hours)</b>		
<b>University Foundation: First Year Composition I:</b> choose 1 sequence <sup>1</sup> ENGL 101: First Year Composition I ENGL 109H: Advanced First Year Composition – Honors	3	<sup>1</sup> <b>First Year Composition</b> requires one sequence: Either ENGL 101 & 102, or ENGL 109H. ENGL 109H is an Honors course requiring appropriate ENG placement, and completes the First Year Composition requirement in a single semester.
<b>Nutrition:</b> NSC 101: Introduction to Human Nutrition NSC 310: Principles of Human Nutrition in Health and Disease	3	<sup>2</sup> <b>Chemistry sequence:</b> students take a course sequence: Health track of CHEM 101A followed by 101B and 102; Honors track of CHEM 161 & 163 followed by 162 & 164 (ALEKS PPL 85-100, SAT I MSS (MATH) 700-800, ACT MATH 29-36); Science track of <i>Chemical Thinking</i> : CHEM 151 followed by 152 or <i>Quantitative</i> CHEM 141 & 143 followed by 142 & 144 (ALEKS PPL 50-100, SAT I MSS (Math) 590-800, ACT MATH 24-36 or College Algebra)
<b>Chemistry 1:</b> choose 1 lecture/lab course combination <sup>2</sup> CHEM 101A: General Chemistry I – Lecture/Discussion CHEM 151: General Chemistry I (Chemical Thinking) – Lecture/Lab (4 units) CHEM 141 & 143: General Chemistry I (Quantitative) – Lecture (141) Lab (143) CHEM 161 & 163: Honors Fundamentals of Chemistry I – Lecture (161) Lab (163)	3	
<b>University Foundation: Moderate Mathematics Strand:</b> <sup>3</sup> MATH 112: College Algebra	3	<sup>3</sup> <b>Moderate Math Strand</b> met by College Algebra level course or approved Statistics course (note 6). College Algebra requires a 530 (SAT) or 21 (ACT) score
<b>Tier 1: Individuals &amp; Societies (150)</b> <sup>4</sup>	3	
<b>SEMESTER 2 (17 hours)</b>		
<b>University Foundation: First Year Composition II:</b> <sup>1</sup> ENGL 102: First Year Composition II	3	<sup>4</sup> <b>General Education</b> courses that Pre-Nursing students must take include the following: Individuals and Societies (#150s), Traditions and Cultures (#160s), Arts, and Humanities.
<b>Chemistry 2:</b> choose 1 lecture/lab course combination <sup>2</sup> (Tier 1: Natural Science) CHEM 101B: General Chemistry 2 & CHEM 102: Lab CHEM 152: General Chemistry II (Chemical Thinking) Lecture/Lab (4 units) CHEM 142 & 144: General Chemistry II (Quantitative) – Lecture (142) Lab (144) CHEM 162 & 164: Honors Fundamentals of Chemistry – Lecture (162) Lab (164)	4	One General Education course must also double with the Diversity Emphasis requirement. Please see back side of this document for additional details.
<b>Human Lifespan Development:</b> choose 1 course – (Tier 2: Individuals and Societies) EDP/FSHD/PSY 200: Evolution & Human Development FSHD 117: Lifespan Human Development	3	<sup>5</sup> <b>Language:</b> requirement may be met by completion of a course at or above the second semester level, credit from CLEP or AP at or above the second semester level, or a language proficiency examination above the second semester level.
<b>Tier 1: Traditions &amp; Cultures (160)</b> <sup>4</sup>	3	
<b>University Foundation: 2<sup>nd</sup> Language</b> <sup>5</sup>	4	
<b>SEMESTER 3 (17 hours)</b>		
<b>PSIO 201: Human Anatomy &amp; Physiology I</b> – Lecture/Lab	4	<sup>6</sup> <b>Statistics</b> meets the Moderate Math Strand if an approved course is taken: MATH 163/263, ISTA 116, SOC/SBS 200. Students with a completed course meeting the Moderate Math Strand may also take PSY 230, CPH 376, FCSC 201 to fill the statistics requirement. College Algebra course or higher, or 620+ (SAT) or 26+ (ACT). See second page for details.
<b>Statistics:</b> choose 1 course <sup>3, 6</sup> MATH 163: Basic Statistics SOC/SBS 200: Statistics for Social Sciences (4 units) MATH 263: Biostatistics ISTA 116: Statistical Foundations for the Information Age	3	
<b>MCB 181R: Introduction to Biology</b> <sup>7</sup> - Lecture only	3	<sup>7</sup> <b>Biology</b> strongly recommends Chemistry I prior to enrollment. Requires SAT score or at least 560 or ACT score of at least 22 or College Algebra.
<b>Tier 1: Traditions &amp; Cultures (160)</b> <sup>4</sup> and Diversity - Recommended to combine Tier 1 Traditions course with Diversity requirement	3	
<b>University Foundation: 2<sup>nd</sup> Language</b> <sup>5</sup>	4	
<b>SEMESTER 4 (16 hours)</b>		
<b>PSIO 202: Human Anatomy &amp; Physiology II</b> – Lecture/Lab <sup>8</sup>	4	<sup>8</sup> <b>PSIO 202</b> requires PSIO 201 prior to enrollment.
<b>MIC 205A: General Microbiology</b> – lecture only	3	<sup>9</sup> <b>MIC 205A</b> requires CHEM 101B and either MCB 181R or PSIO 201 prior to enrollment.
<b>Tier 2: Arts</b> (course # varies) <sup>4</sup>	3	<b>Apply to the BSN Professional Program.</b> See second page for additional details.
<b>Tier 2: Humanities</b> (course # varies) <sup>4</sup>	3	
<b>Tier 1: Individuals &amp; Societies (150)</b> <sup>4</sup>	3	
<b>LEVEL 1 Integrative Health/Wellbeing Assessment and Promotion (15 hours)</b>		<b>BSN-IH PROFESSIONAL PROGRAM</b>
<b>NURS 351A: Nursing Pathophysiology I</b> <sup>11, 12</sup>	1	<sup>11</sup> BSN courses require Professional Program admission. <sup>12</sup> All students are required to take the Pathophysiology sequence
<b>NURS 370: Integrative Health/ Wellbeing Assessment and Promotion</b> <sup>11</sup>	6	
<b>NURS 371: Nursing Field Immersion in Integrative Health/Wellbeing Assessment and Promotion</b> <sup>11</sup>	5	
<b>NURS 379: Scholarly Inquiry in Evidence-Based Practice</b> <sup>11</sup>	2	
<b>NURS 474A: Pharmacological Therapeutics for Nursing I</b> <sup>11</sup>	1	
<b>LEVEL 2 Integrative Management of Chronic Conditions (15 hours)</b>		<b>BSN-IH PROFESSIONAL PROGRAM</b>
<b>NURS 351B: Nursing Pathophysiology II</b> <sup>11</sup>	1	
<b>NURS 380: Integrative Management of Common Conditions</b> <sup>11</sup>	6	
<b>NURS 381: Nursing Field Immersion in Integrative Management of Common Conditions</b> <sup>11</sup>	5	
<b>NURS 390: Quality, Safety, and Technology for Nursing Practice</b> <sup>11</sup>	2	
<b>NURS 474B: Pharmacological Therapeutics for Nursing II</b> <sup>11</sup>	1	
<b>LEVEL 3 Restoration of Health and Wellbeing in Serious Illness (15 hours)</b>		<b>BSN-IH PROFESSIONAL PROGRAM</b>
<b>NURS 351C: Nursing Pathophysiology III</b> <sup>11</sup>	1	
<b>NURS 450: Integrative Management of Complex Conditions</b> <sup>11</sup>	7	
<b>NURS 451 Nursing Field Immersion in Integrative Management of Complex Conditions</b> <sup>11</sup>	6	
<b>NURS 474C: Pharmacological Therapeutics for Nursing III</b> <sup>11</sup>	1	
<b>LEVEL 4 - Care Coordination and Transition into Nursing Practice (16 hours)</b>		<b>BSN -IH PROFESSIONAL PROGRAM</b>
<b>NURS 473: Population Health &amp; Community Nursing</b> <sup>11</sup>	5	<b>After graduation, pass NCLEX-RN in order to gain Registered Nurse (RN) licensure.</b>
<b>NURS 478: Nursing Leadership &amp; Management in Health Systems</b> <sup>11</sup>	5	
<b>NURS 479: Transition to the Professional Nursing Role</b> <sup>11</sup>	6	
<b>DEGREE TOTALS</b>	<b>126</b>	<b>61 units of upper-division nursing coursework</b>

## GENERAL EDUCATION AND DEGREE TOTALS REQUIRED

### UNIVERSITY DEGREE REQUIREMENTS (UNITS)

**Total Units Required:** 120 units; 42 units must be upper-division (300-499)

**Minimum GPA:** Minimum 2.0 cumulative GPA; Minimum 2.0 major GPA

### UNIVERSITY FOUNDATION COURSEWORK (see university catalog for requirements <http://catalog.arizona.edu/>)

1. **English Composition** requirement satisfied with either ENGL 101 *and* 102, *or* ENGL 109H
2. **Moderate Mathematics Strand** requirement satisfied by: <http://math.arizona.edu/academics/placement/>
  - a. College Algebra: MATH 112; or higher level mathematics course
  - b. An approved statistics course: MATH 163, MATH 263, SBS/SOC 200, or ISTA 116. The following courses may meet the statistics requirement for Nursing, but do not meet the Moderate Math Strand: FCSC 201, PSY 230, or CPH 376.
3. **Second language** proficiency requires completion of second semester level (or higher) coursework (typically 102 or higher) or a Proficiency Exam. Proficiency Exams include CLEP, AP, IB or College of Humanities Language Proficiency Exam.

### UNIVERSITY GENERAL EDUCATION REQUIREMENTS FOR PRE-NURSING: <http://www.gened.arizona.edu/content/information-students>

It is strongly recommended to complete all University General Education and Foundation requirements prior to application.

#### *Tier I (Four courses total)*

- 2 courses in Individuals & Society (#150 courses - INDV)
- 2 courses in Traditions & Cultures (#160 courses - TRAD)

#### *Tier II (Three courses total)*

- 1 course in Arts (3 units)
- 1 course in Individuals and Societies (1 course) – Typically satisfied with human lifespan development prerequisite
- 1 course in Humanities (1 course)

**Diversity Emphasis** (1 course, should double with one of the above Tier I or II courses: Typically combined with TRAD or Humanities)

Must be labeled *Diversity Emphasis*. Topics: Gender, Race, Class, Ethnicity, Sexual Orientation, or Non-Western Area Studies

**Natural Science** (#170 courses) requirement is satisfied automatically by completion of science courses as required by nursing

## DECLARING PRE-PROFESSIONAL NURSING AND COMPLEMENTARY MAJORS

The College of Nursing requires all students meet certain eligibility requirements to declare the Pre-Professional major. Please review the criteria online at [www.nursing.arizona.edu/bsn-admissions](http://www.nursing.arizona.edu/bsn-admissions) or contact an Academic Advisor at [info@nursing.arizona.edu](mailto:info@nursing.arizona.edu).

**Students unable to declare the Pre-Professional Nursing major** are encouraged to identify and declare a complementary major, and then declare the major after completing a semester or more of coursework at or above the minimum GPA for declaration of the major. GPA requirements to change major are also online at [www.nursing.arizona.edu/bsn-admissions](http://www.nursing.arizona.edu/bsn-admissions). **Possible complementary majors include: Public Health, Nutrition, Family Studies and Human Development, Physiology, Psychology, or Care, Health and Society.**

## BSN PROFESSIONAL PROGRAM APPLICATION REQUIREMENTS

### **BSN-IH Professional Program Admission Requirements:** (All requirements and deadlines are subject to change. See Nursing website for additional details.)

- Minimum cumulative GPA of 3.0, as well as minimum prerequisite GPA of 3.0. Grades of C or better in all prerequisite courses
- Minimum score of 75 on HESI A2 exam (Math, Reading Comprehension, Vocabulary, and Grammar)
- Submit an application with NursingCAS. Non-current UA students that are admitted to the program must also submit a UA transfer student application by the deadline outlined in their admissions packet. UA admissions information is available via The University of Arizona's Office of Admissions ([admissions.arizona.edu](http://admissions.arizona.edu))

**Nursing College admission is based on a holistic review of criteria, including:**

<b>Prerequisite GPA (Highest grade for each prerequisite course)</b>	Prerequisite GPA of a minimum 3.0 GPA for all prerequisite courses, with a minimum grade of 'C' or better in each required course. If a prerequisite course is repeated, the highest grade earned will be utilized in the calculation.
<b>Cumulative GPA (All courses at all regionally accredited colleges ever attended)</b>	Cumulative GPA of a minimum 3.0 GPA for all post-secondary coursework ever taken. Grade replacement rules at the institution where the course is taken will be honored for GPA calculations. Unless grade replacement occurs, all attempts of all courses will be tallied into a combined cumulative GPA reflecting all schools ever attended.
<b>Experience</b>	Health care experience, Certifications, Volunteer work, and Leadership experience are all areas that will be evaluated for admission.
<b>HESI Admissions Assessment</b>	Students must take the HESI Admissions Assessment with a 75 single attempt, combined average in the four required sections.
<b>Interview</b>	An in-person or phone based interview is required of the highest ranked candidates as determined by the HESI, Experience, Prerequisite and Cumulative GPA scores.

### **Application Deadlines for BSN-IH Professional Program** ([www.nursing.arizona.edu/bsn/integrative-health](http://www.nursing.arizona.edu/bsn/integrative-health))

Students interested in the BSN-IH must apply for admission through Nursing CAS by the relevant deadlines at 11:59pm EST (see below). If enrolled at the time of application, students must maintain a 3.0 cumulative and prerequisite GPA after completion of any in-progress coursework, as well as a grade of 'C' or better in any in-progress prerequisite courses.

- **February 1** for admission to the upcoming Fall semester (may have 2 prerequisite courses in progress at time of application)
- **September 1** for admission to the upcoming Spring semester (may have 2 prerequisite courses in progress at time of application)
- **December 15** for admission to the upcoming Summer semester (all prerequisite coursework must be graded by time of application)