Clinical Placement Recommendation for Nursing Students with a Potential Exposure to COVID-19

Nursing students are permitted to continue clinical training following potential exposure to COVID-19, provided they follow their clinical training site’s guidelines post exposure and remain asymptomatic and the below precautions are implemented to protect the student and the community.

A potential exposure means having close contact within 6 feet of an individual with COVID-19 or suspected COVID-19. The timeframe for having contact with an individual includes the period of time of 48 hours before the individual became symptomatic.

Students who have had an exposure but remain asymptomatic should adhere to the following practices prior to and during their clinical training rotations.

Required Practices Post Exposure:
1. Pre-Screen: Student’s clinical sites should measure the student’s temperature and assess symptoms each day prior to them starting their clinical rotation. Ideally, temperature checks should happen before the student enters the clinical training facility.
2. Regular Monitoring: As long as the student doesn’t have a temperature or symptoms, they should self-monitor and follow the UA test-trace-treat guidelines.
3. Wear a Mask: The student must wear a face mask at all times while in the clinical environment for 14 days after last exposure. If needed the College of Nursing will provide face masks for students.
4. Social Distance: When possible the student should maintain 6 feet and practice social distancing while completing clinical training activities.
5. Disinfect and Clean: Students should assist with the cleaning and disinfection of all areas they encounter within the clinical environment.

Symptomatic:
1. If a student becomes sick while in the clinical environment, they should immediately notify the clinical preceptor and their clinical instructor or clinical supervising faculty (CSF) and go home immediately.
2. Students will maintain regular ongoing contact with their preceptor and clinical instructor or CSF and seek care at UA Student Health or other healthcare facility as indicated.

COVID-19 Positive:
1. If a student is determined to be COVID-19 positive the student’s clinical instructor or CSF will work with the clinical course chair and the student to develop a plan for completing the course and associated clinical requirements. Students positive for COVID-19 are eligible for an incomplete course grade.