ONE HANDED SURGICAL SQUARE KNOT TIE: RIGHT HAND (LEFT HAND ONLY SUPPORTS NEEDLE END OF SUTURE)
Useful if holding an instrument or tubing. Square Knots are critical and securely anchor.

Figure 1 Lie suture across right palm

Figure 2 Hold suture between thumb and index and extend fingers 3, 4, 5
ONE HANDED SURGICAL SQUARE KNOT TIE: RIGHT HAND (LEFT HAND ONLY SUPPORTS NEEDLE END OF SUTURE)
Useful if holding an instrument or tubing. Square Knots are critical and securely anchor.

Figure 3 "Karate chop" fingers 3,4,5 forward

Figure 4 Loop suture from left hand over R fingers 3,4,5
ONE HANDED SURGICAL SQUARE KNOT TIE: RIGHT HAND (LEFT HAND ONLY SUPPORTS NEEDLE END OF SUTURE)
Useful if holding an instrument or tubing. Square Knots are critical and securely anchor.

Figure 5 Pinching right suture between fingers 3 and 4, pull thread back into loop

Figure 6 Continue to pull right thread thru forming knot
ONE HANDED SURGICAL SQUARE KNOT TIE: RIGHT HAND (LEFT HAND ONLY SUPPORTS NEEDLE END OF SUTURE)
Useful if holding an instrument or tubing. Square Knots are critical and securely anchor.

Figure 7 Pull to secure knot before starting 2nd knot of square knot

Figure 8 Make claw position extending R 2nd finger with suture looped and thumb stabilizing
ONE HANDED SURGICAL SQUARE KNOT TIE: RIGHT HAND (LEFT HAND ONLY SUPPORTS NEEDLE END OF SUTURE)
Useful if holding an instrument or tubing. Square Knots are critical and securely anchor.

Figure 9 Loop suture from L hand over index finger (from beneath)

Figure 10 Hold suture tightly and prepare to loop index finger under pointing downward.
ONE HANDED SURGICAL SQUARE KNOT TIE: RIGHT HAND (LEFT HAND ONLY SUPPORTS NEEDLE END OF SUTURE)
Useful if holding an instrument or tubing. Square Knots are critical and securely anchor.

Figure 11 Use index finger to pull thread toward right forming loop
ONE HANDED SURGICAL SQUARE KNOT TIE: RIGHT HAND (LEFT HAND ONLY SUPPORTS NEEDLE END OF SUTURE)
Useful if holding an instrument or tubing. Square Knots are critical and securely anchor.

Figure 12 Continue to pull thread through using R index finger

Figure 13 Tighten thread, you have completed square knot