



1. Overview

- a. There will be 4 Skills Stations. At each station, a primary care provider will present a patient with complex health issues who would benefit from integrated primary care and behavioral health.
- b. Integration of primary care and behavioral health increases access to comprehensive care, reduces stigma, and improves patient satisfaction and outcomes of care.

2. Goal of the Procedure

- a. Learn relevant physical dimensions of care (assessment, labs, medication interactions, etc.)
- b. Learn about the characteristics of an effective “warm hand-off” from a primary care provider to a behavioral health provider.

3. Required Reading / Review

- a. [McKee, J., & Brahm, N. \(2016\). Medical mimics: Differential diagnostic considerations for psychiatric symptoms. *Mental Health Clinician*, 6\(6\), 289-296.](#)
- b. [Introduction to the Warm Handoff:](#)
- c. [Warm Handoff demo \(Diabetes Type 2 and depression\):](#)
- d. [Warm Handoff demo \(Insomnia and Anxiety\):](#)

e. Primary care problems to review

Acne in teen

- [UpToDate. \(2018\). Pathogenesis, clinical manifestations, and diagnosis of acne vulgaris.](#)

Pelvic pain in female

- [UpToDate. \(2018\). Evaluation of chronic pelvic pain in women.](#)

Thyroid problem

- [UpToDate. \(2018\). Clinical manifestations of hypothyroidism.](#)
- [UpToDate. \(2018\). Overview of the clinical manifestations of hyperthyroidism in adults.](#)

Urinary tract infection + delirium in elderly

- [UpToDate. \(2018\). Acute complicated urinary tract infection \(including pyelonephritis\) in adults.](#)

4. Required Procedure Competencies

- a. Listen to the primary care provider’s clinical presentation.
- b. Pose relevant clarifying questions.
- c. Discuss differential physical/psychiatric diagnoses.
- d. Identify relevant/required laboratory tests and other assessments.
- e. Identify potential drug-drug interactions and other psychopharmacology considerations.
- f. Demonstrate understanding about the behavioral health provider’s role in a warm handoff.