

# College of Nursing NEWSletter

## *Committed to Excellence*

October 2006

THE UNIVERSITY OF ARIZONA.  
Arizona's First University.

## Badger and Insel Receive Grant Funding

### NCI Grants Phone Study

**Terry Badger, PhD, RN, FAAN**, Director, Division of Nursing Systems and Professor, received funding from the National Cancer Institute to test whether a telephone supportive counseling intervention will improve the quality of life for men with prostate cancer and their partners. A unique aspect of this study is that the counseling is provided over the telephone and includes a partner. Partners for



this study are not just spouses/significant others, but anyone who the man determines is important in his recovery. Participants in the counseling intervention will receive telephone counseling by a trained nurse counselor about issues of concern to them. If you would like to know more about the study or refer someone to the study, please call our toll free number (866) 218-6641.

### NIH Grants Biological Age Study

**Kathleen Insel, PhD, RN**, Assistant Professor along with her collaborators **Carrie J. Merkle, PhD, RN, FAAN**, Associate Professor, and **David W. Montgomery, PhD**, Research Associate Professor, College of Medicine, received National Institute of Health funding to examine the association between biological age, cognitive processes (specifically executive function and working memory capacity) and medication adherence among individuals with hypertension. As in Dr. Insel's prior investigations, chronological age is not a good predictor of capacity for self-management, although cognitive function is associated with self-management. This investigation uses



*l-r: David W. Montgomery; team member Amy N. Vidrine, BS; Carrie J. Merkle; team member Doris Ross, BSN, RN; Kathie Insel; project coordinator Chao-Pin Hsiao, MS, PhD candidate*

telomere length as an indicator of biological age. The telomere shortens with cellular replication. Shorter telomeres are associated with older cells.

If you are 50 years of age or older, self-managing one prescribed medication for high blood pressure and are interested in participating in this nursing research, or would like to learn more about this study, please call (520) 626-3307.

## DEVELOPMENT NEWS

### Veda Daykin Celebrates Special Birthday With Endowment Gift

**Veda Daykin** received a unique gift on her 83<sup>rd</sup> birthday. Her son, **Anthony Daykin**, UA Police Chief, and daughter-in-law, **Margaret L. Maxwell**, established the *Veda Daykin Nursing Scholarship Endowment* to honor her lifelong dedication to the nursing field.

Mrs. Daykin earned her nursing certificate in her native England in 1945. As a nursing student during WWII, she cared for wounded soldiers. She married



*l-r: Brandi Dilday, Vickie Radoye, Assistant Dean of Student Affairs, Margaret L. Maxwell, Veda Daykin and Anthony Daykin at the endowment presentation on November 1<sup>st</sup>, before her birthday party.*

Arthur Daykin and received her nurse mid-wife certification in 1947. Five years after her son Anthony was born, the family moved to Canada where she continued her career path in Labor and Delivery.

In 1964, the family relocated to Michigan. After her husband died in an auto accident in 1969, she began working at the University of Michigan Hospital in Ann Arbor. Mrs. Daykin moved to Arizona in 1974 and worked as a supervisor at University Medical Center in Labor and Delivery until her retirement in 1997.

The *Veda Daykin Nursing Scholarship Endowment* was established to help undergraduate nursing students who are residents of the state of Arizona, maintain a high grade-point average, and need financial assistance. Preference is given to students who wish to pursue careers in Labor and Delivery. The first scholarship recipient is **Brandi Dilday**, a first-year student.

If you would like to honor someone in your family with an endowment or planned gift, contact **Judith Brown**, Director of Development, at (520) 626-2512.

## FACULTY NEWS

### NightinGala and CANS Held in Washington, D.C.

Friends of the National Institute of Nursing Research hosted the 2006 NightinGala on **October 11<sup>th</sup>** in Washington, D.C. Faculty who attended the NightinGala are as follows: **Terry Badger, PhD, RN, FAAN**, Director, Division of Nursing Systems and Professor, **Judith Berg, PhD, RNC, WHNP, FAANP, FAAN**, Associate Professor, **Janice Crist, PhD, RN**, Assistant Professor, **Neva Crogan, PhD, APRN, BC, FNGNA**, Associate Professor, **Amy H.T. Davis, PhD, RN**, Assistant Professor, **Marylyn Morris McEwen,**



Amy Davis captured fellow faculty members Marylyn Morris McEwen and Janice Crist enjoying the festivities at the 2006 Nightingala.

**PhD, APRN, BC**, Associate Professor, **Carrie Merkle, PhD, RN, FAAN**, Associate Professor, **Cathleen Michaels, PhD, RN, FAAN**, Assistant Professor, **Carolyn Murdaugh, PhD, RN, FAAN**, Associate Dean for Research and Professor and **Deborah Vincent, PhD, RN**, Associate Professor.

The National Congress on the State

of Science in Nursing Research Conference presented by the Council for the Advancement of Nursing Science was held from **October 11-14**. Several faculty and graduate students presented their work including: **Dr. Murdaugh** presented *Instruments for Clinical Research*; **Dr. Badger** presented *Interventions To Manage Anxiety And Depression In Breast Cancer Survivors and Partners*; **Dr. Crogan**, presented *The Individual Nutrition RX: an Emerging Intervention Protocol for Nursing Home Residents*; and **Dr. Vincent** presented *A Clinical Trial Of A Culturally Tailored Diabetes Self-Management For Mexican-Americans*.

### Davis Speaks at Summer Genetic Institute in Washington, D.C.

**Amy H.T. Davis, PhD, RN**, Assistant Professor was invited to present her research on *The method of choice for accurate identification of polymorphisms within the human vascular endothelial growth factor gene* at a special genetics poster session highlighting the research of Summer Genetic Institute (SGI) graduates at the State of the Science Congress in Washington, D.C., **October 12<sup>th</sup>**. The SGI is sponsored by NINR and provides a two-month intensive research training in genetics at NIH with the goal of developing and expanding research capacity and clinical practice of nurses in genetics. The training includes lectures, case studies, seminars, special activities, and laboratory training. SGI graduates are awarded twelve hours of doctoral level credit from Georgetown University. Doctoral students or faculty interested in the SGI may contact Dr. Davis at (520) 626-0583.



### Reel Presents at Canadian Conference Will Serve on Committee

**Sally Reel, PhD, APRN, BC, FAAN, FAANP**, Associate Dean for Academic Practice and Clinical Professor, attended the 7<sup>th</sup> National Conference of the Canadian Rural Health Research Society in Prince George, British Columbia, **October 19-22**. She presented the College's acute care nurse practitioner program *Distant Acute Care Nurse Practitioner: Bridging the Rural/Urban Gap*. The Conference was hosted by the University of Northern British Columbia and the city of Prince George.



Sally Reel and Ian Blue

The conference featured presentations on key health and safety issues affecting rural Canadians, as well as effective strategies to recruit and retain healthcare providers. **Suzanne Johnston**, doctoral student and resident of Prince George, moderated the session of Professor Reel's presentation. UNBC opened the first family nurse practitioner (FNP) in 2004. **Professor Ian Blue**, Professor and Chair of the Nursing Program at UNBC, plans to visit the College to observe and consult on delivering nurse practitioner education in a distant format.

Dr. Reel was selected by the Council for International Exchange of Scholars to serve on the Public/Global Health Peer Review Committee for the Fulbright Senior Specialists program. This is an initiative that offers flexible, short-term grants to U.S. academics and professionals recognized as authorities in their field.

### Effken's Online Course is Featured and She Speaks in Ireland

One of the College's newest online PhD courses, *Technology for Expanding Healthcare Capacity* has been selected by the Sloan Consortium as one of five courses featured in its September-October, online workshop titled *Getting Started: Online Course Development Basics*. The course was developed by **Judith A. Effken, PhD, RN, FACMI, FAAN**, Associate Professor, **Gerri Lamb, Deborah Vincent, PhD, RN**, Associate Professor, consultants **Dr. Michael Young**, University of Connecticut, **Dr. Patricia Brennan**, University of Wisconsin, and **Dr. Diane Skiba**, University of Colorado, and **Bruce Cameron** and staff at the UA Learning Technologies Center.



Development of the course, which is part of the new Border Health Minor option, was funded by HRSA Grant #D09HP03116-01-00 to Dr. Effken.

Dr. Effken was a plenary speaker at the 10th Annual International Philosophy of Nursing Conference, which focused on Perception, Judgement and Decision-making in Nursing Practice, in Dublin, Ireland, **September 4-6**. Dr. Effken's presentation was titled *"Informational Basis for Intuition: Philosophical Underpinnings."*

# STUDENT NEWS

## Rising Stars Featured at Event

Stars were shining at the College of Nursing on **October 20<sup>th</sup>** at the Annual Research Day. Posters were developed by baccalaureate and graduate students, and their faculty mentors. Approximately 100 students, their families, staff, and faculty viewed 19 abstracts and posters.

The student-faculty mentor teams for undergraduate students included: **Jenna Baldwin/Kathy Insel, PhD, RN; Amy Callahan/Melissa Goldsmith, PhD, RNC; Marisa Feigelman/Audrey Wolfel, MS, APRN, FNP; Rochelle Leitschuck/Carrie Merkle, PhD, RN; and Christy Slaughter/Carrie Merkle, PhD, RN.**

The Master's and Doctoral student category included: **Michael Langmead/Leslie Ritter, PhD, RN; Marla McCall/Pamela Reed, PhD, RN; Renee Hultz Brown/Sharon Ewing, MSN, RN, FNP; Kathleen Hall/Sandra Cromwell, PhD, RN; Pamela Hulstein/Judith Berg, PhD, RNC; Sriwan Meeboon/Kathy Insel, PhD, RN; Ann Olson/Judith Berg, PhD, RNC; Anne Rentfro/Marylyn McEwen, PhD, RN; Kate Sheppard/Terry Badger, PhD, RN; and Dawn Weiler/Janice Crist PhD, RN.**



*Renee Marie Hultz Brown, FNP student at the poster session*

Students from the Accelerated BSN Partnership program presented scholarship-related posters developed in teams with faculty members **Cathy Michaels, PhD, RN** and **Nora Webster, CNM, MSN**. Students who participated include: **Jennifer Andersen, Mathew George, Johanna Gordon, Sarah Konkell, Meighan Moore, Mary Saylor, Yanina Shames, Jennifer Trobaugh, Alison Benko, Leigh Ann Nakai,**

**Desiree Murphy, Jennifer Porcelli, Kevin Syder, Carey Silbaugh, Brendan Weber, Corinna Brower, Gregory Cupell, Monica DeClercq, Diana Figueroa, Sarah Heidrick, Julie Ide, Geraldine Tebo, Danielle Voogd, Elizabeth Bridegroom, Heather Backman, Nicole Burton, Lynda Hu, Misty Thompson, Alisha Madrid, Monica Drabousky, and Laura Mruz;** The event was hosted by the Research and Clinical Scholarship Committee with support from the faculty mentors, Office of Academic Affairs, IT Group, Office of Nursing Research, and Biomedical Communications.

## S.N.U.A. Kicks Off the Year

The 2006-2007 Student Nurses at the University of Arizona (S.N.U.A.) Board members are: President- **Richard Reyes**, Vice President- **Coy Oliver**, Treasurer- **Kelly Smith**, Secretary- **Megan McLesland, Director of Partnership** (Newly added position)- **Laura Schirmer**, Webmaster Director- **Brenda McKenna**, Fundraising Director- **Meghan Hazelton**, HCCD- **Tom McGarry**, Community Service Director- **Stephanie Chen**, Director-at-Large- **Emily Lenzmeier**, Public Relations Director- **Alma Crystal Gonzalez** and our representatives from each semester. Advisors are pending.

S.N.U.A.'s objective is to improve education, strengthen the students' voice within the University, and be the basis for reform and change. S.N.U.A. wants to make students' time at the College of Nursing a memorable and educational experience!

Save the date for this S.N.U.A. event: HealthCare Career Day will be held **November 20<sup>th</sup>** from 12:00 pm - 2:00 pm at the University Medical Center courtyard (UMC south entrance).

# STAFF NEWS

## Welcome Sarah Wieland

Please join the College of Nursing's Office of Student Affairs, in welcoming **Sarah Wieland** as an Academic Advisor/Instructional Specialist, Sr. Sarah will develop, coordinate and present educational programs designed to assist nursing students with the development of effective learning skills. This



includes assisting students to improve study skills, test taking, time management, critical thinking and verbal reasoning skills. It is a tremendous asset to our students to have such an important resource available within the College. She will also advise prenursing students, represent the College at recruiting events and work with the prenursing organization P.A.I.N.

Sarah taught and supported faculty as a graduate assistant and provided the leadership for the advisement of students interested in online undergraduate and graduate programs offered at Northern Arizona University. Sarah brings a high level of energy and enthusiasm to the position. Her BA in psychology and criminal justice is from Simon Fraser University in British Columbia and her work in the Counseling and Human Relations (MEd) program at NAU will provide a solid educational foundation for her work.

Please stop by Room 112A to welcome Sarah to the College and to Tucson!

Other planned events include fundraising and volunteer work. If you have ideas or suggestions, please join S.N.U.A. on the first Monday of every month at 7 am in the College of Nursing Room 105, breakfast is provided.

## P.A.I.N. Celebrates Fall Festival

The College of Nursing hosted a Fall Festival for the prenursing student organization, Professional Achievements in Nursing, (P.A.I.N.), on **October 25<sup>th</sup>** in the College of Nursing's courtyard. The Festival provided College information and an informal gathering for guests, faculty, staff and S.N.U.A. members. **Linda Chapman, DNSc, RN**, Clinical Associate Professor and **Bob Johnston, MS, RN**, Clinical Assistant Professor shared some of their experiences as did **Carol Mangold**. Office of Student Affairs hosted the event. All enjoyed Pumpkin Bowling, a costume contest and raffle for candy, as well as pizza and lots of yummy desserts.

*P.A.I.N. Fall Festival attendees*

